

# Lifestyle Activities

## 4 - 11 September

Time	Location	Activity	Notes
<b>Monday 4 September</b>			
10am - 11.15am	Hub	Tots at Dots	
2pm - 3pm	Cheater	Quiz and Things	
<b>Tuesday 5 September</b>			
10am - 11.30am	Hub	Show Day	Exhibition
1.30pm - 3.30pm	Hub	Show Day - exhibition and entertainment	\$5.00
<b>Wednesday 6 September</b>			
10.30am - 11.15am	Hub	Uniting Church	
2pm - 3pm	Hub	Singalong with Ollie and Dean	
<b>Thursday 7 September</b>			
10am - 11.15am	Garden/Cafe	Walking group with garden talk	
10am - 11am	Riddle South Lounge	Sensory morning	*This activity is for residents in princess chairs.
2pm - 3pm	Hub	SA Food Tasting	\$2.50
<b>Friday 8 September</b>			
10am - 11am	Wisteria	Seated Tai Chi	
10am	All areas	Lolly Trolley	
1.30pm - 3.30pm	Back Garden	Hahndorf Farm Barn Visit	
<b>Saturday 9 September</b>			
10am - 11am	Wisteria Kitchen	Cooking demonstration	
2pm - 3pm	Hub	Bingo	\$2.50
<b>Sunday 10 September</b>			
10am - 11am	Wisteria	Seated exercises	
2pm - 3pm	Hub	High Tea	\$2.00

Dine with Lifestyle from 12pm-12.30pm

# Lifestyle Activities

## 11 –17 September

Time	Location	Activity	Notes
<b>Monday 11 September</b>			
10am - 11am	Hub	Tots at Dots	
<b>SPECIAL LUNCHEON</b>			
2pm - 3pm	St Clare	Card Making	
<b>Tuesday 12 September</b>			
10am - 11am	St Clare	Art group with Meredith	\$5.00
10am - 11am	Wisteria	Pamper Time	
2pm - 3pm	Shed	Men's BBQ afternoon	
<b>Wednesday 13 September</b>			
10.30am - 11.15am	Hub	Anglican Church	
2pm - 3pm	Riddle South Dinning	Tessa's Concert	\$5.00
<b>Thursday 14 September</b>			
10am - 11.10am	Garden/Cafe	Walking group with garden talk	
10am - 11am	Riddle South Lounge	Sensory morning	*This activity is for residents in princess chairs.
2pm - 3pm	Riddle South Dinning	Time 2 Tap- Tap dancing show	\$5.00
<b>Friday 15 September</b>			
10am - 11am	Wisteria	Seated Tai Chi	
2pm - 3pm	Hub	Dressed for Success-clothing stall	
<b>Saturday 16 September</b>			
10am - 11am	Riddle North Lounge	Knit and Natter	
10am	All areas	Shopping Trolley	
2pm - 3pm	Hub	Singalong with Ollie	
<b>Sunday 17 September</b>			
10am - 11am	Hub	Cafe Club	\$2.00
2pm - 3pm	Hub	Bingo	\$2.50

DINE with LIFESTYLE from 12PM-12.30PM

# Lifestyle Activities

## 18 - 24 September

Time	Location	Activity	Notes
Monday 18 September			
10am - 11.15am	Hub	Tots at Dots	
10.30am-11.15am	Riddle North Lounge	Catholic Service	
2pm - 3pm	Cheater	Quiz and Things	
Tuesday 19 September			
10am - 11am	St Clare	Art group with Meredith	\$5.00
10am - 11am	Wisteria	Pamper Time	
2pm - 3pm	Riddle South Lounge	Shuffleboard Games	
Wednesday 20 September			
10.30am - 11am	Hub	Uniting Church	
2pm - 3pm	Hub	Resident Meeting	
Thursday 21 September			
10am - 11am	Garden/Cafe	Walking group with garden talk	
10am - 11am	Riddle South Dining	Food Tasting	
1.30pm - 3pm	Hub	Bunnings Craft Time	
Friday 22 September			
10am - 11am	Wisteria	Seated Tai Chi	
2pm - 3pm	Hub	Movie- <i>Dream Horse</i>	\$5.00
Saturday 23 September			
10am - 11am	Wisteria Kitchen	Cooking demonstration	
2pm - 3pm	Hub	Bingo	\$2.50
Sunday 24 September			
10am - 11am	Wisteria	Seated exercises	
2pm - 3pm	Hub	High Tea	\$2.00

Dine with Lifestyle from 12pm-12.30pm

# Lifestyle Activities

## 25 –30 September

Time	Location	Activity	Notes
<b>Monday 25 September</b>			
10am - 11.15am	Hub	Tots at Dots	
2pm - 3pm	St Clare	Card Making	
<b>Tuesday 26 September</b>			
10am - 11am	St Clare	Art group with Meredith	\$5.00
10am - 11am	Wisteria	Pamper Time	
1.30pm - 3.30pm	Meet at Reception at 1.15pm	Bus trip to McLaren Vale Visitors Centre for coffee and cake	\$10 and bring cash for coffee and cake * For bus trips, please book with Lifestyle. No wheelchairs, must be able to climb stairs to get on the bus.
<b>Wednesday 27 September</b>			
10.30am - 11am	Hub	Church of Christ	
2pm – 3.30pm	All areas	Bric-a- Brac Trolley	Residents will have the opportunity to buy items from the trolley. Priced between \$2 AND \$10. Cash only.
<b>Thursday 28 September</b>			
10am - 11am	Garden/Cafe	Walking group with garden talk	
10am - 11.30am	Riddle South Lounge	Sensory morning	*This activity is for residents in princess chairs.
2pm - 3pm	Cheater Lounge	Quiz and word games	
<b>Friday 29 September</b>			
10am - 11am	Wisteria	Seated Tai Chi	
2pm - 3pm	Hub	Bowling	
<b>Saturday 30 September</b>			
10am - 11am	Riddle North Lounge	Knit and Natter	
10am	All Areas	Lolly Trolley	
2pm - 3pm	Hub	Singalong with Ollie	

Dine with Lifestyle from 12pm-12.30pm

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