

Lifestyle Activities

1-7 April

Time	Location	Activity	Notes
Monday 1 April			
10am - 11.15am	Hub	Exercises and Ball games	
2pm - 3pm	Hub	Easter Fun & Trivia	
Tuesday 2 April			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
10am	All Areas	Mobile Sensory Trolley	
2pm-3pm	Riddle South	Shuffleboard	
Wednesday 3 April			
10.30am-11am	Hub	Uniting Church Service	
2pm - 3pm	Hub	Kingston Choir	\$5.00
Thursday 4 April			
10am-11am	Café area	Walking Group with Garden Talk	
2pm - 3pm	All Areas	Bric-a-Brac Trolley	
2pm- 3pm	Cheater	Whiteboard Games	
Friday 5 April			
10.30am - 11am	St Clare	Jadees Fashion	
2pm – 3pm	Hub	Bocce	
Saturday 6 April			
10am - 11am	Wisteria	Cooking Demonstration	
2pm - 3pm	Hub	Bingo	\$2.50
Sunday 7 April			
10am - 11am	Wisteria	Seated Exercises	
2pm - 3pm	Hub	Quiz and Things	

Dine with Lifestyle every day from 12pm-12.30pm



Lifestyle Activities

8-14 April

Time	Location	Activity	Notes
Monday 8 April			
10am - 11.15am	Hub	Tots at Dots	
2pm - 3pm	Wisteria	Card Making	\$2.50
2pm-3pm	Cheater	Whiteboard Games	
Tuesday 9 April			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
10am	Wisteria	Hearing Clinic	
2pm-3pm	Riddle North	Fruit Sticks for Afternoon-Tea	
Wednesday 10 April			
10.30am-11am	Riddle North	Anglican Church Service	
2pm - 3pm	Riddle North	Singalong with Olly and Dean	
Thursday 11 April			
10am-11am	Café area	Walking Group with Garden Talk	
2pm - 3pm	Shed	Men's Group	
Friday 12 April			
10am - 11am	Wisteria	Seated Tai Chi	
2pm – 3pm	Hub	Gerry's Concert	\$5.00
Saturday 13 April			
10am - 11am	Riddle North	Knit and Natter	
10am	All Areas	Shopping Trolley	
2pm - 3pm	Hub	Singalong with Olly	
Sunday 14 April			
10am - 11am	Hub	Café Club	\$2.00
2pm - 3pm	Hub	Bingo	\$2.50

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Lifestyle Activities

15-21 April

Time	Location	Activity	Notes
Monday 15 April			
10am- 11am	Wisteria	Seated Exercises	
2pm - 3pm	St Clare	Milkshakes in the Garden	
Tuesday 16 April			
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00
10am-11am	All Areas	Mobile Sensory Trolley	
2pm-3pm	Riddle South	Shuffleboard	
Wednesday 17 April			
10.30am-11am	Hub	Uniting Church Service	
2pm-3pm	Hub	Frankie's Concert	\$5.00
Thursday 18 April			
10am - 11.10am	Garden/Cafe	Walking group with Garden Talk	
2pm – 3pm	Hub	Memorial Service	
Friday 19 April			
10am - 11am	Wisteria	Seated Tai Chi	
12pm-1.30pm	Hub	Food Focus Meeting & Food Tasting	
Saturday 20 April			
10am – 11am	Wisteria	Cooking Demonstration	
2pm - 3pm	Hub	Bingo	\$2.50
Sunday 21 April			
10am - 11am	Wisteria	Seated Exercises	
2pm - 3pm	Hub	High Tea	\$2.50

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Lifestyle Activities

22-28 April

Time	Location	Activity	Notes
Monday 22 April			
10am – 11am	Hub	Exercises and Ball Games	
Special Luncheon			
2pm - 3pm	Wisteria	Card Making	
Tuesday 23 April			
9.45am – 11.30am	Shed	ANZAC Day Service	
2pm-3pm	Cheater	Quiz and Things	
Wednesday 24 April			
10.30am – 11am	Hub	Church of Christ Church Service	
1.30pm-3.30pm	Meet at the café at 1.15pm	Bus Trip- Scenic drive through Onkaparinga Valley	\$10.00
Thursday 25 April – ANZAC DAY			
9.30am – 11am	Hub	ANZAC Day March on the big screen	
2pm - 3pm	Hub	Two Up Game	
Friday 26 April			
10am - 11am	Wisteria	Seated Tai Chi	
1:30pm - 3pm	Hub	Irish Dancing Performance	\$5.00
Saturday 27 April			
10am - 11am	Riddle North	Knit and Natter	
10am	All Areas	Shopping Trolley	
2pm - 3pm	Hub	Singalong with Olly	
Sunday 28 April			
10am - 11am	Hub	Café Club	\$2.00
2pm - 3pm	Hub	Bingo	\$2.50

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Lifestyle Activities

29-30 April

Time	Location	Activity	Notes
Monday 29 April			
10am - 11.15am	Hub	Tots at Dots	
2pm - 3pm	Alandale Dining	Birthday Afternoon Tea for April Birthdays	
Tuesday 30 April			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
10am-11am	All Areas	Mobile Sensory Trolley	
2pm-3pm	Hub	Resident Meeting	

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