

Lifestyle Activities

1-7 December

Time	Location	Activity	Notes
Monday 1 December			
10am-11.15am	Hub	Tots at Dots	
2pm-3pm	St Clare	Scrabble	
Tuesday 2 December			
9.45am - 11.15 am	St Clare	Art Group with Meredith	\$5.00
10 am – 11 am	Riddle	Xmas craft	
2pm-3pm	Hub	Resident meeting	
Wednesday 3 December			
10.30am – 11am	Hub	Uniting Church Service	
2pm -3pm	Café Area	Garden Walk /Talk	
Thursday 4 December			
10am-11am	Café area	Walking Group with Garden Talk	
2pm- 3.00pm	The Shed	Men's group	
Friday 5 December			
10am-11am	Wisteria	Seated Tai Chi	
1.30pm – 3.30pm	Hub	Make Wisteria table decorations/ Pinecones	
Saturday 6 December			
10am-11am	Wisteria	Knit and Natter	
10am	All Areas	Shopping Trolley	
2pm-3pm	Hub	Christmas Carols Singalong with Ollie and Dean	
Sunday 7 December			
10am-11am	Hub	Café Club	
2pm – 3pm	Hub	Bingo	\$2.50



Lifestyle Activities

8-14 December

Time	Location	Activity	Notes
Monday 8 December			
10am - 11.15am	Hub	Tots at Dots Xmas Special	
11am -12pm	Wisteria Lounge	Library group Book discussion	Theme Christmas
2pm-3pm	Cheater/ Riddle	Lifestyle Visits	
Tuesday 9 December			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
9.30am – 3.30pm	Wisteria Kitchen	Hearing Clinic	
2pm-3pm	Wisteria	Shuffleboard	
Wednesday 10 December			
10am-11am	Hub	Christmas craft – Door decorations	
2pm- 3pm	Hub	Christmas around the world	
Thursday 11 December			
10am-11am	Café area	Walking Group with Garden Talk	
2pm - 3pm	St Clare	Christmas Stories	Share a story with us
Friday 12 December			
10am - 11am	Wisteria	Seated Exercises	
1.30pm- 3pm	Hub	Xmas Movie – Santa Claus (Disney)	
Saturday 13 December			
10am - 11am	HLAR	Cooking Demonstration	
2pm - 3pm	Hub	Bingo	\$2.50
Sunday 14 December			
10am - 11am	Wisteria	Seated Exercises	
2pm - 3pm	Hub	Quiz	

Lifestyle Activities

15-21 December

Time	Location	Activity	Notes
Monday 15 December			
10am - 11am	Hub	Bocce	
2pm-4pm	St Clare/ Wisteria	Lifestyle Visits / Walks	
2pm-3pm	Riddle	Table games	
Tuesday 16 December			
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00
10am – 11am	Wisteria	Scrabble	
2pm - 3pm	Riddle	Whiteboard Games	
Wednesday 17 December NO LIFESTYLE ACTIVITIES IN MORNING			
5.30pm – 6.30pm	Hub	Christmas Carols with Robert Hutton	Raffle Winners Drawn
6.30pm – 7.30pm	Gardens	Christmas lights walk	
Thursday 18 December			
10am - 11.10am	Garden/Cafe	Walking group with garden talk	
2pm – 3.15pm	Hub	Bumble Bee Ensemble Concert	
Friday 19 December			
10am-11am	Wisteria	Seated Tai Chi	
1.30pm - 3pm	Hub	Xmas Movie – Home Alone (Disney)	
Saturday 20 December			
10am – 11am	Wisteria	Knit and Natter	
10am	All Areas	Shopping Trolley	
2pm – 3pm	Hub	Christmas Carols Singalong with Ollie and Dean	
Sunday 21 December			
10am - 11am	Hub	Café Club	
2pm - 3pm	Hub	Bingo	\$2.50

Lifestyle Activities

22-28 December

Time	Location	Activity	Notes
Monday 22 December			
10am – 11am	Hub	Movement to music	
2pm - 3pm	Hub	Laurel Piano Concert	\$5.00
Tuesday 23 December			
9.45 am – 11.15 am	St Clare	Art Group with Meredith	\$5.00
10am – 11am	Cheater	Scrabble	
2pm-3pm	Wisteria	Shuffleboard	
Wednesday 24 December CHRISTMAS EVE			
10.00am –11.0am	Riddle North	Gimmie 5	Christmas Themed
2pm – 3.30pm	Hub	Christmas Eve Happy Hour Party	
Thursday 25 December CHRISTMAS DAY			
10am – 12pm	All Areas	Christmas gift Deliveries	
2pm - 3pm	All Areas	Lifestyle Visits	
Friday 26 December BOXING DAY			
10am - 11am	Wisteria	Seated Tai Chi	
2pm - 3pm	Hub	Andre DVD - Xmas	
Saturday 27 December			
10am - 11am	Wisteria	Cooking Demonstration	
2pm - 3pm	Hub	Bingo	\$2.50
Sunday 28 December			
10am-11am	Wisteria	Seated Exercises	
2pm-3pm	Riddle	Quiz	

Lifestyle Activities

29-31 December

Monday 29 December

10am – 11 am	Hub	Bowling	
2pm-3pm	St Clare	Whiteboard Games	

Tuesday 30 December

10am – 11am	St Clare	Paint & Cuppa	
2pm-3pm	Garden	Outdoor Games	

Wednesday 31 December NEW YEARS EVE

10.30am – 11am	Cheater	Whiteboard Games	
2.00pm – 3.30pm	Hub	New Years Eve Party	

