

Lifestyle Activities

1 – 2 February

Time	Location	Activity	Notes
Saturday 1 February			
10am -11am	Riddle North	Knit and Natter	
	All Areas	Shopping Trolley	
2pm-3pm	Hub	Bingo	\$2.50
Sunday 2 February			
10am-11am	Hub	Café Club	\$2.50
2pm – 3pm	Hub	Quiz	

Lifestyle Activities

3 – 9 February

Time	Location	Activity	Notes
Monday 3 February			
10am - 11.15am	Hub	Tots at Dots	
2pm – 3pm	Hub	Creative Corner Come try some different Arts/ Crafts	New Activity \$5.00
Tuesday 4 February			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
2pm-3pm	Riddle Sth	Shuffleboard	
Wednesday 5 February			
10.30am- 11am	Hub	Uniting Church Service	
2pm – 3pm	Hub	Ollie & Dean sing a long	
Thursday 6 February			
10am-11am	Café area	Walking Group with Garden Talk	
2pm - 3pm	Riddle North	Valentines Crafts	
Friday 7 February			
10am - 11am	Wisteria	Seated Tai Chi	
10am – 11am	Riddle North	Stories and More	New Activity
2pm – 3pm	St Clare	Board Games	
Saturday 8 February			
10am - 11am	Hub	Bocce	
2pm - 3pm	Hub	Ollie & Dean Sing a Long	
Sunday 9 February			
10am - 11am	Hub	Floor bobs	
10am-11am	Riddle	Lifestyle visits	
2pm - 3pm	Hub	Bingo	\$2.50

Lifestyle Activities

10-16 February

Time	Location	Activity	Notes
Monday 10 February			
10am – 11.15am	Hub	Tots and Dots	
2pm-3pm	St Clare	Card Making	\$2.50
2pm – 3pm	Cheater	Brain Teasers	
Tuesday 11 February			
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00
9am	Wisteria	Hearing Clinic	
2pm-3pm	Wisteria Lounge	Pampering/ Relaxation? Session	
Wednesday 12 February			
10.30am-11am	Hub	Anglican Church Service	
10am- 11.30am	Cheater	Lifestyle visits	
2pm-3.15pm	Riddle North	Chinese New Year celebrations	
Thursday 13 February			
10am - 11.10am	Garden/Cafe	Walking group with garden talk	
2pm – 3pm	All Areas	Bric a Brac Trolley	
2pm-3pm	Riddle North	Poetry Buffs	New Activity
Friday 14 February			
SPECIAL	LUNCH	ALL AREAS	
10am – 11am	Hub	Seated Exercises	
2pm - 3pm	Hub	Valentines Movie Special Bubbly, Chocolates, Lucky Seat prize	\$5.00
Saturday 15 February			
10am – 11am	Riddle North	Knit and Natter	
2pm – 3pm	Hub	Bingo	\$2.50
Sunday 16 February			
10am - 11am	Hub	Café Club	\$2.50
2pm - 3pm	Hub	Golden Memory Karaoke	

Lifestyle Activities

17-24 February

Time	Location	Activity	Notes
Monday 17 February			
10am – 11.15am	Hub	Tots at Dots	
11am-12pm	Day Respite Dine	Library Book Discussion Group	'Recent Reads'
2pm - 3pm	St Clare	Lifestyle visits	
2pm-3pm	Cheater	Brain Teasers	
Tuesday 18 February			
9.45 am – 11.15 am	St Clare	Art Group with Meredith	\$5.00
10am-11am	Riddle north	Craft	
2pm-3pm	Hub	Resident Meeting	
Wednesday 19 February			
10.30am – 11pm	Hub	Uniting Church Service	
10am-11am	Riddle	Lifestyle Visits	
2pm – 3.15pm	Hub	Laurel's Piano Concert	\$5.00
Thursday 20 February			
10am – 11am	Garden/Cafe	Walking group with garden talk	
2pm – 3pm	Riddle North	Men's Group Model Railways Club Guest	Interactive activity
Friday 21 February			
10.30am-11.30am	Wisteria	Seated Tai Chi	
1.30m - 3pm	Hub	Whiteboard games	
Saturday 22 February			
10am - 11am	Wisteria	Cooking	
2pm - 3pm	Hub	Ollie & Dean sing a long	
Sunday 23 February			
10am-11am	Hub	Mixed Games	
2pm-3pm	Hub	Bingo	\$2.50

Lifestyle Activities

24-28 February

Monday 24 February			
10am - 11am	Hub	Tots at Dots	
2pm-3pm	Riddle South	Shuffleboard	
Tuesday 25 February			
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00
10am-11am	All Areas	1:1 walks	
2pm-3pm	St Clare	Milkshakes in the garden	
Wednesday 26 February			
10.30am-11am	Hub	Church of Christ Church Service	
10am-11am	Riddle North	Catholic Mass	
2pm-3.15pm	Hub	Copy Cats Concert	\$5.00
Thursday 27 February			
10am - 11.10am	Garden/Cafe	Walking group with garden talk	
2pm – 3.15pm	Riddle North	Birthday Celebrations	
Friday 28 February			
10am – 11am	Wisteria	Seated Exercise	
10am-11am	Cheater	Lifestyle visits	
2pm - 3pm	Hub	Andre Rieu Concert	

