

# Lifestyle Activities

## 1-7 July

Time	Location	Activity	Notes
<b>Monday 1 July</b>			
10am-11.15am	Hub	Tots at Dots	cancelled
2pm-3pm	St Clare	Card Making	\$2.50
2pm-3pm	Cheater	Brain Teasers	
<b>Tuesday 2 July</b>			
9.45am - 11.15 am	St Clare	Art Group with Meredith	\$5.00
10.30am-11.30am	Hub	Dressed for Success (clothing stall)	
2pm-3pm	Riddle South Lounge	Shuffleboard	
<b>Wednesday 3 July</b>			
10.30am – 11am	Hub	Uniting Church Service	
2pm -3pm	Riddle North	Singalong with Ollie and Dean	
<b>Thursday 4 July</b>			
10am-11am	Café area	Walking Group with Garden Talk	
2pm – 3pm	Riddle South	Henny Penny Chicken Visits	
<b>Friday 5 July</b>			
10am-11am	Wisteria	Seated Exercises	
2pm – 3pm	Hub	Bocce	
<b>Saturday 6 July</b>			
10am-11.30am	Riddle South	Henny Penny Chicken Visits	
10.00am	All Areas	Shopping Trolley	
2pm – 3.15pm	Hub	Singalong with Ollie and Dean	
<b>Sunday 7 July</b>			
10am-11am	Hub	Café Club	\$2.00
2pm – 3pm	Hub	Bingo	\$2.50

Dine with Lifestyle every day from 12pm-12.30pm

# Lifestyle Activities

## 8-14 July

Time	Location	Activity	Notes
<b>Monday 8 July</b>			
10am - 11.15am	Hub	Intergenerational Activity: Board Games	
2pm – 3.30pm	Riddle South	Henny Penny Chicken Visits	
<b>Tuesday 9 July</b>			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
9.30am	Riddle South	Hearing Clinic	
2pm-3pm	Riddle South	Henny Penny Chicken Visits	
<b>Wednesday 10 July</b>			
10.30am- 11am	Hub	Anglican Church Service	
2pm – 3.15pm	Hub	Performance by Young Entertainers	
<b>Thursday 11 July</b>			
10am-11am	Café area	Walking Group with Garden Talk	
2pm - 3pm	Hub	Singalong with Ollie and Dean	
<b>Friday 12 July</b>			
10am - 11am	Wisteria	Seated Exercises	
2pm – 3pm	Riddle South	Henny Penny Chicken Visits	
<b>Saturday 13 July</b>			
10am - 11am	Wisteria	Cooking Demonstration	
2pm - 3pm	Hub	Bingo	\$2.50
<b>Sunday 14 July</b>			
10am - 11am	Cheater	Seated Exercises	
2pm - 3pm	Hub	High Tea	\$2.50

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# Lifestyle Activities

## 15-21 July

Time	Location	Activity	Notes
<b>Monday 15 July</b>			
10am - 11am	Hub	Intergenerational Activity: Board Games	
2pm-3pm	Cheater	Brain Teasers	
2pm-3pm	St. Clare	Card Making	\$2.50
<b>Tuesday 16 July</b>			
9.45am-11.15am	St Clare	Art Group with Meredith	
9.30am	Riddle South	Hearing Clinic	Additional clinic for the cancelled visit in June.
2pm-3pm	Riddle South	Shuffleboard	
<b>Wednesday 17 July</b>			
10.30am-11am	Hub	Uniting Church Service	
2pm-3.15pm	Riddle North Lounge	Ukelele Concert	
<b>Thursday 18 July</b>			
10am - 11.10am	Garden/Cafe	Walking group with garden talk	
2pm – 3.15pm	Hub	Armchair Travel to France	
<b>Friday 19 July</b>			
10am - 11am	Wisteria	Seated Exercises	
12pm-1.30pm	Hub	Food Focus Meeting and Tasting	
3pm - 4pm	St Clare	Quiz	
<b>Saturday 20 July</b>			
10am – 11am	Riddle North	Knit and Natter	
10am	All Areas	Shopping Trolley	
2pm – 3.15pm	Hub	Singalong with Ollie and Dean	
<b>Sunday 21 July</b>			
10am - 11am	Hub	Café Club	\$2.00
2pm - 3pm	Hub	Bingo	\$2.50

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# Lifestyle Activities

## 22-28 July

Time	Location	Activity	Notes
<b>Monday 22 July</b>			
10am – 11am	Hub	Tots at Dots	
2pm - 3pm	Cheater	Reminiscing Afternoon	
<b>Tuesday 23 July</b>			
9.45 am – 11.15 am	St Clare	Art Group with Meredith	\$5.00
10am-11am	All Areas	Sensory Morning	
2pm-3.15pm	Hub	Birthday Afternoon Tea for June and July Birthdays	
<b>Wednesday 24 July</b>			
10.30am – 11pm	Hub	Church of Christ Church Service	
10am-11am	Riddle North	Intergenerational Morning Tea	
2pm – 3.15pm	Hub	Frankie’s Concert	\$5.00
<b>Thursday 25 July</b>			
10am – 11am	Garden/Cafe	Walking group with garden talk	
2pm - 3pm	Riddle North Lounge	Men’s Afternoon	
<b>Friday 26 July</b>			
10am - 11am	Wisteria	Seated Tai Chi	
2pm - 3pm	Hub	Movie – Mother of the Bride	
<b>Saturday 27 July</b>			
10am - 11am	Wisteria	Cooking Demonstration	
2pm - 3pm	Hub	Bingo	\$2.50
<b>Sunday 28 July</b>			
10am-11am	Cheater	Seated Exercises	
2pm-3pm	Hub	Olympic Quiz	

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# Lifestyle Activities

## 29-31 July

Time	Location	Activity	Notes
<b>Monday 29 July</b>			
10am - 11.15am	Hub	Tots at Dots	
<b>Special Luncheon</b>			
2pm-3pm	Cheater	Brain Teasers	
2pm - 3pm	St Clare	Card Making	\$2.50
<b>Tuesday 30 July</b>			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
10am – 11am	Wisteria	Seated Exercises	
2pm-3pm	Riddle South	Shuffleboard	
<b>Wednesday 31 July</b>			
10.30am-11am	Hub	Baptist Church Service	
1.30pm – 3.30pm	Meet at café at 1.15pm	Bus Trip to Beerenberg Farm, Hahndorf	\$10.00 Please book with Lifestyle.

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