

# Lifestyle Activities

## 1-2 March

Time	Location	Activity	Notes
Saturday 1 March			
10am-11am	Riddle North	Knit and Natter	
10am-11am 2pm-3pm	All Areas	Shopping Trolley	
2pm - 3pm	Hub	Ollie & Dean Singalong	
Sunday 2 March			
10am-11am	Hub	Café Club	\$2.00
2pm – 3pm	Hub	Bingo	\$2.50

# Lifestyle Activities

## 3-9 March

Time	Location	Activity	Notes
Monday 3 March			
10am - 11.15am	Hub	Tots at Dots	
2pm - 3pm	Riddle South	Milkshakes in the garden	
Tuesday 4 March			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
10am – 11.30	Riddle Areas	Lifestyle visits / walks	
2pm-3pm	Riddle South	Shuffleboard	
Wednesday 5 March			
10.30am-11am	Hub	Uniting Church	
2pm - 3pm	Hub	Brian Raynor Concert	\$5.00
Thursday 6 March			
10am-11am	Café area	Walking Group with Garden Talk	
2pm - 3pm	Riddle North	Celebrating International Woman's Day	
Friday 7 March			
10am - 11am	Wisteria	Seated Exercise	
10am-11am	St Clare	Lifestyle visits / walks	
2pm – 3pm	Hub	Bocce	
Saturday 8 March			
10am - 11am	Wisteria	Cooking	
2pm - 3pm	Hub	Bingo	\$2.50
Sunday 9 March			
10am - 11am	Wisteria	Seated Exercises	
2pm - 3pm	Hub	High Tea	\$2.50

# Lifestyle Activities

## 10-16 March

Time	Location	Activity	Notes
Monday 10 March – Adelaide Cup PUBLIC HOLIDAY			
10am- 11am	Hub	Adelaide Cup Quiz	
2pm - 3pm	Hub	Golf Putt	
Tuesday 11 March			
9.30am	Wisteria	Hearing Clinic	
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00
2pm-3pm	Riddle North	Stories and More	New Activity
Wednesday 12 March			
10.30am-11am	Hub	Anglican Church Service	
10.30 – 11.30	Cheater	Lifestyle visits/ walks	
2pm-3pm	Riddle North	Ollie & Dean Sing a long	
Thursday 13 March			
10am - 11.10am	Garden/Cafe	Walking group with Garden Talk	
2pm – 3pm	Day Respite Dine Area	Poetry Buffs	New Activity
2pm – 3pm	All Areas	Bric a Brac Trolley	
Friday 14 March			
10.30am - 11am	St Clare	Bunnings workshop	
2pm - 3pm	Hub	Seated Tai Chi	
Saturday 15 March			
10am – 11am	Riddle North	Knit and Natter	
10am – 11am	All Areas	Shopping Trolley	
2pm - 3pm			
2pm - 3pm	Hub	Singalong with Ollie& Dean	
Sunday 16 March			
10am - 11am	Hub	Café Club	
2pm - 3pm	Hub	Bingo	\$2.50

# Lifestyle Activities

## 17-23 March

Time	Location	Activity	Notes
<b>Monday 17 March</b>			
10am – 11am	Hub	Tots at Dots	
11am-12pm	St Clare	Library Book Club	Classics
2pm - 3pm	Hub	St Patrick's Day Celebrations	
<b>Tuesday 18 March</b>			
9.45am – 11.15am	St Clare	Art Group with Meredith	\$5.00
10am-11am	Wisteria	Colour me calm	
2pm-3pm	Chester	Whiteboard Games	
<b>Wednesday 19 March</b>			
10.30am – 11am	Hub	Uniting Church Service	
10.30am-11am	Riddle North Lounge	Catholic Mass	
2pm – 3pm	Hub	Armchair Travel to Turkey	
<b>Thursday 20 March</b>			
10am – 11am	Garden/Cafe	Walking group with garden talk	
2pm - 3pm	The Shed	Men's group BBQ	
2pm – 3pm	Hub	ARAS Presentation and discussion	
<b>Friday 21 March – HARMONY DAY</b>			
10am - 11am	Wisteria	Seated Exercises	
	<b>SPECIAL</b>	<b>LUNCH</b>	
1:30pm - 3pm	Hub	Movie- Fisherman's Friends	
<b>Saturday 22 March</b>			
10am - 11am	Wisteria	Cooking	
2pm - 3pm	Hub	Bingo	\$2.50
<b>Sunday 23 March</b>			
10am-11am	Wisteria	Seated Exercises	
2pm-3pm	Hub	Quiz and Things	



# Lifestyle Activities

## 24-31 March

Time	Location	Activity	Notes
<b>Monday 24 March</b>			
10am - 11.15am	Hub	Tots at Dots	
2pm - 3pm	Wisteria	Card Making	\$2.50
2pm-3.30pm	St Clare	Lifestyle visits/walks	
<b>Tuesday 25 March</b>			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
10am-11am	All Areas	1-1 Garden Walks	
2pm – 3pm	Riddle South	Shuffleboard	
<b>Wednesday 26 March</b>			
10.30am-11am	Hub	Church of Christ Church Service	
10.30am-11am	Cheater	Lifestyle visits & Walks	
2pm – 3pm	Riddle South	Birthday Afternoon Party March Birthdays	All welcome
<b>Thursday 27 March</b>			
10am-11am	Garden/Café	Walking group with garden talk	
1.30pm – 2.30pm	Hub	Buddy Holly Concert with Martin	\$5
<b>Friday 28 March</b>			
10am - 11am	Wisteria	Seated Tai Chi	
12 – 1.30PM	hub	Food Focus / Tasting	
2.30 – 3pm	Hub	Whiteboard Games	
<b>Saturday 29 March</b>			
10am - 11am	Riddle North	Knit and Natter	
10am	All Areas	Shopping Trolley	
2pm - 3pm	Hub	Singalong with Ollie & Dean	
<b>Sunday 30 March</b>			
10am-11am	Hub	Café Club	\$2.00
2pm-3pm	Hub	Bingo	\$2.50
<b>Monday 31 March</b>			
10am-11am	Hub	Tot's & Dots	
2pm-3pm	Riddle North	Art /Craft	