

Lifestyle Activities

1-3 March

Time	Location	Activity	Notes
Friday 1 March			
10am-11am	Wisteria	Seated Tai Chi	
2pm-3pm	Hub	Bocce	
Saturday 2 March			
10am-11am	Riddle North	Knit and Natter	
10am-11am 2pm-3pm	All Areas	Shopping Trolley	
2pm - 3pm	Hub	Singalong Afternoon	
Sunday 3 March			
10am-11am	Hub	Café Club	\$2.00
2pm – 3pm	Hub	Bingo	\$2.50

Dine with Lifestyle every day from 12pm-12.30pm



Lifestyle Activities

4-10 March

Time	Location	Activity	Notes
Monday 4 March			
10am - 11.15am	Hub	Tots at Dots	
2pm - 3pm	St Clare	Milkshakes in the garden	
Tuesday 5 March			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
10am	All Areas	Mobile Sensory Trolley	
2pm-3pm	Riddle South	Shuffleboard	
Wednesday 6 March			
10.30am-11am	Hub	Uniting Church	
2pm - 3pm	Hub	Cupcake and Biscuit decorating	
Thursday 7 March			
10am-11am	Café area	Walking Group with Garden Talk	
2pm - 3pm	Riddle North	Musical Melodies on the Piano	
Friday 8 March			
10am - 11am	Wisteria	Seated Tai Chi	
2pm – 3pm	Hub	Women's Afternoon Tea for Women's Day	
Saturday 9 March			
10am - 11am	Wisteria	Cooking Demonstration	
2pm - 3pm	Hub	Bingo	\$2.50
Sunday 10 March			
10am - 11am	Wisteria	Seated Exercises	
2pm - 3pm	Hub	High Tea	\$2.50

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Lifestyle Activities

11-17 March

Time	Location	Activity	Notes
Monday 11 March – Adelaide Cup			
10am- 11am	Hub	Adelaide Cup Quiz	
2pm - 3pm	Wisteria	Card Making	\$2.50
Tuesday 12 March			
9.30am	Wisteria	Hearing Clinic	
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00
2pm-3pm	Hub	Martin's Concert	\$5.00
Wednesday 13 March			
10.30am-11am	Hub	Anglican Church Service	
2pm-3pm	Cheater Lounge	Word games	
2pm-3pm	Riddle North	Craft group for Easter	
Thursday 14 March			
10am - 11.10am	Garden/Cafe	Walking group with Garden Talk	
2pm – 3pm	Hub	Armchair Travel to Ireland	
Friday 15 March			
10am - 11am	Wisteria	Seated Tai Chi	
2pm - 3pm	Hub	Frankie's Concert	\$5.00
Saturday 16 March			
10am – 11am	Riddle North	Knit and Natter	
10am – 11am	All Areas	Shopping Trolley	
2pm - 3pm			
2pm - 3pm	Hub	Singalong with Ollie	
Sunday 17 March			
10am - 11am	Hub	Café Club	\$2.00
2pm - 3pm	Hub	Bingo	\$2.50

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Lifestyle Activities

18-24 March

Time	Location	Activity	Notes
Monday 18 March			
10am – 11am	Hub	Tots at Dots	
2pm - 3pm	Riddle South	Shuffleboard	
Tuesday 19 March			
9.45am – 11.15am	St Clare	Art Group with Meredith	\$5.00
10.30am-11am	Riddle South	Food Focus Meeting	
2pm-3pm	Hub	Musical Melodies by Ethan	
Wednesday 20 March			
10.30am – 11am	Hub	Uniting Church Service	
10.30am-11am	Riddle North Lounge	Catholic Mass	
2pm – 3pm	Hub	Harmony Day Celebration	
Thursday 21 March – Harmony Day			
10am – 11am	Garden/Cafe	Walking group with garden talk	
2pm - 3pm	The Shed	Men's group BBQ	
Friday 22 March			
10am - 11am	Wisteria	Seated Tai Chi	
1:30pm - 3pm	Hub	Movie- The Greatest Showman	\$5.00
Saturday 23 March			
10am - 11am	Wisteria	Cooking Demonstration	
2pm - 3pm	Hub	Bingo	\$2.50
Sunday 24 March			
10am-11am	Wisteria	Seated Exercises	
2pm-3pm	Hub	Quiz and Things	

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Lifestyle Activities

25-31 March

Time	Location	Activity	Notes
Monday 25 March			
10am - 11.15am	Hub	Tots at Dots	
Special luncheon			
2pm - 3pm	Wisteria	Card Making	\$2.50
Tuesday 26 March			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
10am-11am	All Areas	Garden Walks and talks	
1.30pm-3.30pm	Meet at the café at 1.15pm	Bus Trip Club Marion for coffee and cake	\$10.00 Residents will need approx. \$10 to purchase their own coffee and cake
Wednesday 27 March			
10.30am-11am	Hub	Church of Christ Church Service	
10.30am-11am	Riddle North Lounge	Intergenerational Morning Tea	
2pm – 3pm	Hub	Birthday Afternoon Tea for March Birthdays	
Thursday 28 March			
10am-11am	Garden/Café	Walking group with garden talk	
1.30pm – 2.30pm	Hub	Bunnings Craft Afternoon	
Friday 29 March – Good Friday			
10am - 11am	Wisteria	Seated Tai Chi	
2pm - 3pm	Hub	Whiteboard Games	
Saturday 30 March			
10am - 11am	Riddle North	Knit and Natter	
2pm - 3pm	Hub	Singalong with Ollie	
Sunday 31 March			
10am-11am	Hub	Café Club	\$2.00
2pm-3pm	Hub	Bingo	\$2.50

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