

Lifestyle Activities

1 – 5 November

Time	Location	Activity	Notes
Wednesday 1 November			
10.30am – 11.15am	Hub	Uniting Church Service	
2pm – 3pm	Hub	Resident Meeting	
Thursday 2 November			
10am – 11.15am	Garden/Cafe	Walking group with garden talk	
12pm – 12.30pm	Dining Areas	Teddy Bear Picnic	
2pm - 3pm	Riddle North Lounge	Happy Hour	
Friday 3 November			
10.30am – 11.30am	St Clare	Jaydees Fashion	
2pm -3pm	Hub	Games	
Saturday 4 November			
9.30am – 11am	All Areas	Adelaide Christmas Pageant Viewing in each area Lounge/ Start Decorating our Christmas Trees	
2pm – 3pm	Hub	Bingo	\$2.50
Sunday 5 November			
10am – 11am	Wisteria	Seated Exercises	
2pm – 3pm	All Areas	Christmas Tree Set Ups and Decorating	

Dine with Lifestyle every day from 12pm-12.30pm



Lifestyle Activities

6-12 November

Time	Location	Activity	Notes
Monday 6 November			
10am - 11.15am	Hub	Tots at Dots	
2pm - 3pm	St Clare	Card Making	\$2.50
2pm - 3pm	Cafe	Selling Sweeps for MELBOURNE CUP	
Tuesday 7 November			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
2pm-3pm	Hub	MELBOURNE CUP	
Wednesday 8 November			
10.30am - 11.15am	Hub	Anglican Church Service	
2pm - 3pm	Riddle North	Christmas Carol Singalong with Ollie and Dean	
Thursday 9 November			
10.30am - 11.15am	The Shed	Remembrance Day Service	
2pm - 3pm	Alandale Lounge	Men's Afternoon	
Friday 10 November			
10am - 11am	Wisteria	Seated Exercises	
2pm - 3pm	Hub	The South Rock and Roll Concert	\$5.00
Saturday 11 November			
10am - 11am	Riddle North	Knit and Natter	
10am	All areas	Shopping Trolley	
2pm - 3pm	Hub	Singalong with Ollie	
Sunday 12 November			
10am - 11am	Hub	Café Club	\$2.00
2pm - 3pm	Hub	Bingo	\$2.50

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Lifestyle Activities

13-19 November

Time	Location	Activity	Notes
Monday 13 November			
10am - 11am	Hub	Tots at Dots	
2pm - 3pm	Riddle South Lounge	Christmas stall by Antoinette	
Tuesday 14 November			
10am	Wisteria Kitchen	Hearing Clinic	
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
2pm	All Areas	Christmas Decorations	
Wednesday 15 November			
10.30am - 11.15am	Hub	Uniting Church Service	
2pm - 3pm	Hub	Jeff Leach Concert	\$5.00
Thursday 16 November			
10am - 11.10am	Garden/Cafe	Walking group with garden talk	
2pm – 3pm	Riddle North	Christmas Craft	
Friday 17 November			
10am - 11am	Wisteria	Seated Exercises	
2pm - 3pm	Hub	Bowling	
Saturday 18 November			
10am - 11am	All Areas	Christmas Decorations	
2pm - 3pm	Hub	Bingo	\$2.50
Sunday 19 November			
10am - 11am	St Clare	Quiz and Things	
2pm - 3pm	Hub	High Tea	\$2.00

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Lifestyle Activities

20-26 November

Time	Location	Activity	Notes
Monday 20 November			
10am - 11.15am	Hub	Tots at Dots	
2pm - 3pm	St Clare	Card Making	\$2.50
Tuesday 21 November			
10am - 11am	Cafe	Art Exhibition by residents	
2pm-3pm	Hub	Brian Raynor Concert	\$5.00
Wednesday 22 November			
10.30am - 11am	Hub	Church of Christ Church Service	
10.00am-11.30am	Riddle North Lounge	Intergenerational Morning Tea	
2pm – 3pm	Hub	Armchair Travel to Germany	
Thursday 23 November			
10am – 11am	Garden/Cafe	Walking group with garden talk	
10am -11am	All Areas	Bric-a- Brac Trolley Cheater/ Wisteria	Riddle Areas and St Claire in Afternoon
2pm - 3pm	The Shed	Men's BBQ Afternoon	
Friday 24 November			
10am - 11am	Wisteria	Seated Tai Chi	
2pm - 3pm	Hub	Adelaide Sound Connection Concert	\$5.00
Saturday 25 November			
10am - 11am	Riddle North	Knit and Natter	
10am-11.30am	All Areas	Shopping Trolley	
2pm - 3pm	Hub	Christmas Carol Singalong with Ollie	
Sunday 26 November			
9am	Meet in Café Area	Glenelg Christmas Pageant	There are limited spots so if interested please let lifestyle staff know asap
2pm-3pm	Hub	Bingo	\$2.50

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Lifestyle Activities

27-30 November

Time	Location	Activity	Notes
Monday 27 November			
10am - 11.15am	Hub	Tots at Dots	
2pm - 3pm	Riddle South	Shuffleboard	
Tuesday 28 November			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
10 am – 11 am	All Areas	Mobile Sensory Trolley	
1.15pm – 3.30pm	Meet in the Café area	Bus Trip with Coffee and Cake to Pancake Kitchen at Marion Cultural Centre.	\$10.00 Resident must be able to get up a couple of stairs to access the bus, and will need approx. \$10 to purchase their own coffee
Wednesday 29 November			
10am-11am	Hub	Baptist Church Service	
10.30am-11.30am	Riddle North Lounge	Catholic Mass	
2pm – 3pm	Hub	Christmas Carol Singalong with Ollie & Dean	
Thursday 30 November			
10am – 11am	Café area	Walking Group with Garden Talk	
2pm-3pm	Riddle South	Christmas Cookie Decorating	

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