

Lifestyle Activities

1-5 October

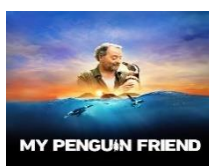
Time	Location	Activity	Notes
Wednesday 1 October			
10.30am – 11am	Hub	Uniting Church Service	
10.30- 11.00	Riddle North	Catholic Mass	
2pm -3pm	Riddle North	Craft time	
Thursday 2 October			
10am-11am	Café area	Walking Group with Garden Talk	
2pm – 3.30pm	Hub	Happy Hour and sing songs	\$5 spirit available
Friday 3 October			
10am-11am	Wisteria	Seated Tai Chi	
10am-11am	St Clare	Garden Walks	
2pm – 3pm	Hub	Bocce	
Saturday 4 October			
10am-11am	Wisteria	Cooking Demonstration	
2pm-3pm	Hub	Bingo	\$2.50
Sunday 5 October			
10am-11am	Wisteria	Seated Exercises	
2pm – 3pm	Hub	Quiz and Things	



Lifestyle Activities

6-12 October

Time	Location	Activity	Notes
Monday 6 October			
PUBLIC HOLIDAY			
10am - 11.15am	Hub	Table Games	
2pm – 3pm	All Areas	Garden Walks	
Tuesday 7 October			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
10.00am -11.00am	All Areas	Sensory Visits	
2pm-3pm	Wisteria/Riddle	Shuffleboard	
Wednesday 8 October			
10.30am- 11am	Hub	Anglican Church Service	
2pm – 3pm	Wisteria Lounge	Poetry Group	
2pm- 3pm	Cheater	Lifestyle Visits	
Thursday 9 October			
10am-11am	Café area	Walking Group with Garden Talk	
2pm - 3pm	Hub	Memorabilia Experience -History of Melbourne Cup	
Friday 10 October			
10am - 11am	Wisteria	Seated Tai Chi	
2pm- 3pm	Hub	Movie – My Penguin Friend	
Saturday 11 October			
10am - 11am	Wisteria	Knit and Natter	
10am	All Areas	Shopping Trolley	
2pm - 3pm	Hub	Singalong with Ollie and Dean	
Sunday 12 October			
10am - 11am	Hub	Café Club	\$2.50
2pm - 3pm	Hub	Bingo	\$2.50



Lifestyle Activities

13-19 October

Time	Location	Activity	Notes
Monday 13 October			
10am - 11am	Hub	Tots at Dots	
11am- 12pm	Wisteria Lounge	Library Book Group	Topic Banned Books
2pm-3pm	Riddle Dining	Get Ready for Melbourne Cup Craft	
Tuesday 14 October			
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00
9.30am- 3.30pm	Wisteria	Hearing Clinic	
2pm-3pm	Cheater	Walk down Memory Lane	
Wednesday 15 October			
10.30am-11am	Hub	Uniting Church Service	
2pm-3.15pm	Back Garden	Outdoor Games	
Thursday 16 October			
10am - 11.10am	Garden/Cafe	Walking group with garden talk	
2pm – 3.00pm	Hub	Sweet Beats & Harmony	\$5.00
Friday 17 October			
10am – 11am	Wisteria	Seated Tai Chi	
12pm – 1.30pm	Hub	Food Focus Meeting	
2.30pm – 3.30pm	Hub	What Am I game	
Saturday 18 October			
10am – 11am	Wisteria	Cooking Demonstration	
2pm – 3pm	Hub	Bingo	\$2.50
Sunday 19 October			
10am - 11am	Wisteria	Seated Exercises	
2pm - 3pm	Hub	High Tea	\$2.50

Lifestyle Activities

20-26 October

Time	Location	Activity	Notes
Monday 20 October			
10am – 11am	Hub	Tots at Dots	
2pm - 3pm	St Clare	Creative Corner	Come and try something new
Tuesday 21 October			
9.45 am – 11.15 am	St Clare	Art Group with Meredith	\$5.00
10am-11am	Riddle	Lifestyle Visits	
2pm-3pm	Cheater	Quiz and Things	
Wednesday 22 October			
10.30am – 11pm	Hub	Church of Christ Church Service	
2pm – 3pm	Hub	Armchair Travel Lighthouses Australia	
Thursday 23 October			
10am – 11am	Garden/Cafe	Walking group with garden talk	
2pm - 3pm	The Shed	Men's Group -Beers & Birds	Guest Speaker
Friday 24 October			
10am-11am	Wisteria	Seated Tai Chi	
2pm - 3pm	Hub	Fleurieu Harmony Chorus	\$5.00
Saturday 25 October			
10am - 11am	Wisteria	Knit and Natter	
10am	All Areas	Shopping Trolley	
2pm - 3pm	Hub	Singalong with Ollie and Dean	
Sunday 26 October			
10am-11am	Hub	Celebrating Grandparents Day Morning Tea	
2pm-3pm	Hub	Bingo	\$2.50



Lifestyle Activities

27-31 October

Monday 27 October			
10am - 11am	Hub	Tots at Dots	
2pm-3pm	Wisteria	Quiz and Words	
Tuesday 28 October			
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00
10am-11am	All Areas	Mobile Sensory Visits	
2pm-3pm	Riddle	Shuffle Board	
Wednesday 29 October			
10.30am-11am	Hub	Baptist Church Service	
2pm-3.00pm	Hub	Halloween Party	Dress up and win a prize.
Thursday 30 October			
10am - 11.10am	Garden/Cafe	Walking group with garden talk	
	SPECIAL	LUNCH	
2pm – 3.15pm	Hub	Music & Magic Show	\$5.00
Friday 31 October			
10am-11am	Wisteria	Seated Tai Chi	
2pm-3pm	Hub	Gold Class Movie Dancing with Birds	\$5.00

