

Lifestyle Activities

1-8 September



Time	Location	Activity	Notes
Sunday 1 September- Father's Day			
10am-12pm	All Areas	Father's Day Gift Delivery	
2pm – 3pm	Hub	Bingo	\$2.50
Monday 2 September – Royal Adelaide Show Week			
10am-11.15am	Hub	Tots at Dots	
2pm-3pm	Hub	SA Food Tasting	\$2.50
Tuesday 3 September			
9.45am - 11.15 am	St Clare	Art Group with Meredith	\$5.00
2pm-3pm	Riddle South	Royal Adelaide Show History Discussion	
Wednesday 4 September			
10.30am – 11am	Riddle North	Uniting Church Service	
1.30pm -3.30pm	Hub	Royal Adelaide Show Day	
Thursday 5 September			
10am-11am	Café area	Walking Group with Garden Talk	
2pm – 3pm	Riddle South	Side Show Games	
Friday 6 September			
10am-11am	Wisteria	Seated Exercises	
1.30pm – 3.30pm	Hub	Hahndorf Farm Animals Visit	\$4.00
Saturday 7 September			
10am-11am	Wisteria	Cooking Demonstration	
2pm-3pm	Hub	Bingo	\$2.50
Sunday 8 September			
10am-11am	Wisteria	Seated Exercises	
2pm – 3pm	Hub	Quiz and Things	

Dine with Lifestyle every day from 12pm-12.30pm

Lifestyle Activities

9-15 September

Time	Location	Activity	Notes
Monday 9 September			
10am - 11.15am	Hub	Tots at Dots	
2pm – 3pm	Cheater	Brain Teasers	
2pm-3pm	St Clare	Card Making	\$2.50
Tuesday 10 September			
9.45am-11.15am	St Clare	Art group with Meredith	\$5.00
9.30am	Riddle South	Hearing Clinic	
2pm-3pm	Riddle South	Shuffleboard	
Wednesday 11 September			
10.30am- 11am	Hub	Anglican Church Service	
2pm – 3.15pm	Riddle North	Singalong with Ollie and Dean	
Thursday 12 September			
10am-11am	Café area	Walking Group with Garden Talk	
2pm - 3pm	Hub	Bocce	
Friday 13 September			
10am - 11am	Wisteria	Seated Tai Chi	
12pm – 1.30pm	Hub	Food Focus Meeting and Food Tasting	
3pm- 4pm	St Clare	Table Games	
Saturday 14 September			
10am - 11am	Riddle North	Knit and Natter	
10am	All Areas	Shopping Trolley	
2pm - 3pm	Hub	Singalong with Ollie and Dean	
Sunday 15 September			
10am - 11am	Hub	Café Club	\$2.00
2pm - 3pm	Hub	Bingo	\$2.50

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Lifestyle Activities

16-22 September

Time	Location	Activity	Notes
Monday 16 September			
10am - 11am	Hub	Tots at Dots	
2pm-3pm	Day Therapy Dining Room	Book Discussion Group: Book vs Screen Adaptation	
Tuesday 17 September			
9.45am-11.15am	St Clare	Art Group with Meredith	\$5.00
10am-11am	Riddle North	Craft	
2pm-3pm	Riddle North	Wedding Reminiscing Afternoon	
Wednesday 18 September			
10.30am-11am	Hub	Uniting Church Service	
10am-11am	Riddle North	Intergenerational Morning Tea	
2pm-3.15pm	Hub	Singalong with Ollie and Dean	
Thursday 19 September			
10am - 11.10am	Garden/Cafe	Walking group with garden talk	
2pm – 3.15pm	Hub	AFL Presentation	
Friday 20 September			
9.45am – 10.45am	Kitchen	Kitchen Tour with Linda	Please book with Lifestyle (Maximum 8 residents)
2pm - 3pm	Hub	"Secret Behind Nursery Rhymes": presentation by Lesley McCauley	
Saturday 21 September			
10am – 11am	Wisteria	Cooking Demonstration	**Oktoberfest
2pm – 3pm	Hub	Bingo	\$2.50
Sunday 22 September			
10am - 11am	Wisteria	Seated Exercises	
2pm - 3pm	Hub	High Tea	\$2.50

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Lifestyle Activities

23-29 September

Time	Location	Activity	Notes
Monday 23 September			
10am – 11am	Hub	Tots at Dots	
2pm - 3pm	St Clare	Card Making	\$2.50
2pm-3pm	Cheater	Brain Teasers	
Tuesday 24 September			
9.45 am – 11.15 am	St Clare	Art Group with Meredith	\$5.00
10am-11am	Wisteria	Fancy Nails	Book with Lifestyle
1.30pm-3.30pm	Meet at the café at 1.15pm	Bus Trip: Wohlers Richmond	Book with Lifestyle \$10.00
Wednesday 25 September			
10.30am – 11pm	Hub	Church of Christ Church Service	
10.30am-11am	Riddle North	Catholic Mass	
2pm – 3.15pm	Hub	Laurel's Piano Concert	\$5.00
Thursday 26 September			
10am – 11am	Garden/Cafe	Walking group with garden talk	
2pm - 3pm	Riddle North Lounge	Men's Afternoon	
Friday 27 September			
10am - 11am	Wisteria	Seated Tai Chi	
10am-11am	Riddle North	Colour Me Calm	
2pm - 3pm	Day Therapy Dining Room	Birthday Afternoon Tea for September Birthdays	
Saturday 28 September			
10am - 11am	Riddle North	Knit and Natter	
10am	All Areas	Shopping Trolley	
2pm - 3pm	Hub	Singalong with Ollie and Dean	
Sunday 29 September			
10am-11am	Hub	Café Club	\$2.00
2pm-3pm	Hub	Bingo	\$2.50

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Lifestyle Activities

30 September

Monday 30 September			
10am – 11 am	Hub	Games	
Special Luncheon			
2pm - 3pm	St Clare	Reminiscing Afternoon	
2pm-3pm	Riddle North	Vintage Voices Choir	Book with lifestyle if you are interested in joining the choir.

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